NuStep®

T4r-h RECUMBENT CROSS TRAINER

STEP INTO WELLNESS WITH CONFIDENCE



MOVEMENT FOR EVERY BODY®

NuStep® | T4r-h SUPPORTING FITNESS PROGRESS ONE STEP AT A TIME

The NuStep T4r-h Recumbent Cross Trainer combines inclusive design with user-friendly features, making it an ideal solution for people of nearly all ages, fitness levels, and functional abilities. Accessible and easy to use, the T4r provides safe and effective total-body cardio exercise for rehabilitation, senior fitness, and general wellness — earning it a trusted place in healthcare, senior community, fitness centers, and home settings around the world.



Console Programs:
Quick Start
Pace Partner



T4r-h FEATURES & BENEFITS

- ***Smooth-stepping motion and low-inertia start up deliver low-impact exercise with minimal joint stress.***
- ***Ergonomic seat and arm/leg adjustments support proper positioning during exercise.***
- ***Offers a total body workout with a compact design and economical price, suitable for virtually any fitness level or functional ability.***
- ***Adaptable workload adjustment empowers performance progression.***
- ***Compatible with accessories such as WellGrips, Leg Stabilizers, and more!***

SPECS

Machine Footprint:
- *60” L x 27” W x 45” H*
- *152cm L X 69cm W X 115cm*

Unit Weight:
- *210 lbs. 95 kg.*

Seat Width:
- *Standard Seat Width: 17”/43cm*

User Weight:
- *Accommodates users up to 400 lbs. / 181 kg.*

Fits Users:
From 4’6” to 6’4”/137cm to 193cm in height.

Power:
Four AA batteries required (included with purchase).

Warranty
The T4r-h is covered under a limited 10-year frame, 3-year parts and 1-year labor warranty (US).

Product specifications are subject to change.

NuStep®
MOVEMENT FOR EVERY BODY® *(800)322.2209 | (734)769.3939 | nustep.com*
Contact sales for more information! ***sales@nustep.com***

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